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bailey benefit news



Updated List of Required Preventative Services Under the Affordable Care Act

Below is an updated list of ACA (non-grandfathered health plans) required services to be provided as preventable in-network benefits at no charge. These are the highlights:

Statin Use—effective for plans beginning on or after December 1, 2017

The U. S. Preventive Services Task Force (USPSTF) has released a recommendation that will require plan sponsors to provide coverage of statins, in network and without charge, for certain individuals. The USPSTF recommends that adults ages 40 to 75 without a history of cardiovascular disease (CVD) use a low- to moderate-dose statin for the prevention of CVD events and mortality when they have one or more cardiovascular disease risk factors (i.e., dyslipidemia, diabetes, hypertension or smoking) and a calculated 10-year risk of a CVD event of 10 percent or greater.

Aspirin—effective for plan years beginning on or after May 1, 2017

The USPSTF guidelines for required aspirin coverage at no cost sharing in network have changed. The USPSTF now recommends low-dose aspirin for the prevention of cardiovascular disease and colorectal cancer in adults ages 50 to 59 who meet the following criteria: They have a 10-year cardiovascular risk of 10 percent or greater. They are not at increased risk for bleeding. They have a life expectancy of at least 10 years. They are willing to take low-dose aspirin daily for at least 10 years. A separate provision in the Affordable Care Act requires that the individual present a prescription for the aspirin in order for the aspirin to be covered by the plan.

Women’s Services—effective for plan years beginning on or after January 1, 2018

Non-grandfathered plans are required to cover certain preventive services for women in network without charge. The Health Resources and Services Administration (HRSA) recently updated these guidelines. Notable changes in the new HRSA guidelines include the following: Changes to the schedule for cervical cancer screening that make the recommendations the same as USPSTF guidelines on cervical cancer screening (i.e., for ages 21 to 29, Pap smear every three years and for ages 30 to 65, HPV testing with Pap smear every five years or a regular Pap smear (without HPV testing) every three years.); and Extension of certain requirements to adolescents (i.e., well woman visits, screening and counseling for interpersonal and domestic violence).

To read the full article, please follow the link:

<https://www.segalco.com/publications-videos/update/updated-list-of-required-preventive-services-under-the-aca/#PublicSector>



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