

bailey benefit *news*

This update is sent periodically to keep you informed of employee benefit plan issues that may impact your organization.



Good Morning,

Influenza (flu) is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness. The best way to prevent the seasonal flu is to get a yearly flu vaccine. The United States experiences epidemics of seasonal flu each year. It typically occurs in the winter. But flu outbreaks can start as early as October and last as late as May.

The Centers for Disease Control and Prevention recommends a yearly flu vaccine for everyone 6 months of age and older as the first step in protecting against this serious disease. In addition to the vaccine there are everyday preventive actions like staying away from sick people and washing your hands, that can reduce the spread of germs. If you are sick with the flu stay home to prevent spreading it to others.

Many of our clients host in-house flu clinics demonstrating to employees that they are committed to keeping their employees healthy and productive. Below is a list of vendors that our clients have used. These vendors come highly recommended if you don't already work with one.

Rite Aid

Workplace Flu Shot Program

[Riteaid.com/shieldmyworkforce](https://www.riteaid.com/shieldmyworkforce)

1-855-882-5951

Healthworks

Contact Amy Harris, M.A.

amy@cincyhealthworks.com

513-383-1349

St. Elizabeth

Contact Stacie Begley

stacie.begley@stelizabeth.com

1-859-301-7839

Tri-health

Corporate Health Flu shot program
Contact Mollie Hubbard, flu shot coordinator
mollie.hubbard@trihealth.com
513-977-0036

If an onsite clinic is not appropriate for your company, consider giving employees time to visit a clinic during work hours.

Walk-in Clinics

Walgreens – Take Care
Kroger - The Little Clinic

Feel free to call your account team if you have questions.

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